

# CITY OF JERSEY CITY

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MAYOR



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## *Jersey City Sets Up Cooling Sites for Residents*

**JERSEY CITY** – Mayor Jerramiah T. Healy and the Jersey City Office of Emergency Management (OEM) announce sites throughout the city for residents to beat the heat today through Friday when temperatures are expected to exceed 90 degrees Fahrenheit (90 °F).

All residents, especially the elderly, disabled people, pregnant women and children under the age of two are encouraged to stay indoors or take advantage of the facilities if necessary.

“We hope to keep all of our residents healthy and cool during this heat wave,” said **Mayor Healy**. “It is not just the heat, but the humidity that can take its toll. We are hoping those Jersey City residents in need of air conditioning will take advantage of the cooling sites we have set up and conserve water wherever possible.”

The following sites will be open to the Jersey City community at large, as well as seniors who don't have access to air conditioning. The locations and time schedule are as follows:

- **Five Corners Library**, 678 Newark Avenue  
Hours: Monday, 12Noon-8 PM; Tuesday through Thursday, 10AM-6 PM; Friday, 9AM -5 PM
- **Jersey City Main Library**, 472 Jersey Avenue  
Hours: Monday, 9AM – 6PM; Tuesday, 9AM-8PM; Wednesday and Thursday, 9AM – 6PM; and Saturday, 10AM – 2PM
- **Pershing Field Community Center**, Summit Avenue and Pershing Plaza  
Hours: Monday through Sunday, 8AM – 4PM
- **Pershing Field Pool (indoor)**, Summit Avenue and Pershing Plaza  
Hours: Monday through Friday, 7AM – 9PM; Saturday and Sunday, 12Noon – 6PM

Aside from these stations, residents are welcome to cool off from this summer heat by taking advantage of our **Water Sprinkler Systems** (*schedules are subject to change*).

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The water sprinkler systems in the following parks are from Mon. thru Fri. 3PM-8PM; Sat. & Sun. 10AM-8PM at the following locations:

<ul style="list-style-type: none"><li>•<b>Dr. Lena Edwards Park</b> 325 Johnston Ave.</li> <li>•<b>Arlington Park</b> 785 Grand Street</li> <li>•<b>Audubon Park</b> 103-129 Bergen Avenue</li> <li>•<b>Virginia Avenue Park</b> 74-80 Virginia Ave.</li> <li>•<b>Woodland Avenue Park</b> 259-265 Linden Ave.</li> <li>•<b>Wilkinson Avenue Park</b> 146-152 Wilkinson Avenue</li> <li>•<b>Hamilton Park</b> McWilliams Place (between 9<sup>th</sup> St. and Pavonia Ave.)</li></ul>	<ul style="list-style-type: none"><li>•<b>LaPointe Park</b> 90-92 Dekalb Avenue</li> <li>•<b>Pershing Field Park</b> Summit Avenue and Pershing Plaza</li> <li>•<b>Rev. Ercel Webb/Lafayette Park</b> Lafayette Street (between Maple St. &amp; Van Horne)</li> <li>•<b>Terrace Avenue Park</b> Thorne St. and Terrace Ave.</li> <li>•<b>Roberto Clemente/ Enos Jones Field</b> 8th Street and Brunswick St.</li></ul>
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During this Heat Wave, **United Water** is urging residents that effective today customers should voluntarily cut back on their use of water. All users are urged to curtail watering of lawns and if they must do so to restrict watering between the hours of 7:00 p.m. – 10:00 p.m. At the present time, this is a voluntary restriction that may become mandatory as the heat spell continues.

The **Jersey City Office of Emergency Management (OEM)** has issued the following tips for staying cool during this heat wave:

- Remain indoors (preferably in air conditioned space) as much as possible
- Wear lightweight, light colored and loose fitting clothing
- Keep hydrated by consuming plenty of water and natural juices and avoid beverages with alcohol and caffeine which increase dehydration
- Eat light meals
- Refrain from strenuous activities
- Recognize the symptoms of heat disorders

To protect others from heat exhaustion, residents are urged to check on elderly neighbors and those with disabilities. Apply sunscreen with a high SPF content to small children to avoid overexposure to the sun. Never leave children or pets in closed vehicles where temperatures could exceed 190 degrees in less than ten minutes, and provide shade and cool water to pets.

**All media inquiries should be directed to Jennifer Morrill, Press Secretary to Mayor Jerramiah T. Healy at 201-547-4836 or 201-376-0699. ///**